

# CARE TEAM CONVERSATION STARTERS

## Questions and tips to help guide your next healthcare provider discussion

It can be tricky talking with your healthcare provider and sharing how you're doing, whether it's about your diagnosis or treatment with IBTROZI.

This tool can help organize your thoughts—just complete the questions and refer to them during your next appointment.

### Staying on track with IBTROZI

#### When did you first start taking IBTROZI?

(if possible, include the date of your first dose): \_\_\_\_\_

#### Have you been able to take IBTROZI as prescribed by your doctor?

☐ Yes ☐ No (if no, please explain): \_\_\_\_\_

#### Have you missed any doses of IBTROZI in the past week?

☐ Yes ☐ No (if yes, how many?): ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ more

(please include which days of the week you missed): \_\_\_\_\_

#### Have you had any difficulties taking IBTROZI, such as taking your dose without food and/or at the same time every day?

☐ Yes ☐ No (if yes, please explain): \_\_\_\_\_

**Always speak with your healthcare provider before starting any new medications while taking IBTROZI.**

#### Are you taking any new medications, vitamins, or supplements?

☐ Yes ☐ No (if yes, please list them and when you started taking them): \_\_\_\_\_

### Listening to your body

**Tell your healthcare provider if you've experienced changes in your ability to do daily activities (work, exercise, self-care, etc).**

**It's important to discuss with your healthcare provider how you are feeling now compared to before starting IBTROZI.**

## Emotional well-being

Tell your healthcare provider if:



your **overall quality of life** has changed



you're experiencing **emotional changes**



**your sleep** has been disrupted

## Additional questions

Do you have any other questions about your treatment experience?

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Is there anything else in particular that you want to discuss during your next visit?

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## Helpful tips to prepare you for your next appointment

- Write down questions ahead of time
- Keep a symptom diary
- Share how you're really feeling (physically and emotionally)
- Don't downplay any symptoms
- Be honest about missed doses or any trouble you are having following your treatment plan
- Bring a loved one to appointments to take notes and offer support
- Ask for printed materials or trusted websites for more information
- Before leaving, confirm any next steps

For more support, visit [IBTROZI.com](https://www.IBTROZI.com)



This resource is designed solely to help patients speak with their healthcare provider and is not intended to provide clinical guidance.

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